



GERIATRIC SOCIETY OF INDIA®

GSI NEWS

January Vol. VIII No. 1

Dr. V. K. Arora
President

Dr. O. P. Sharma
General Secretary



Dr. V. K. Arora
President
GSI

Friends,

It has been a great pleasure to be the President of the society in the year 2003-2004. this year we had many things which are memorable one. For the first time we organized our first Annual Conference after separating from API. The delegates were those who were interested in Geriatrics and Geriatrics alone rather than those who attend the API predominantly but also participate in GSI activities.

Another unique thing this year was a welcome comeback of some of our senior members who were not active with us in our endeavours of sensitizing and updating medical men in this country in the field of Geriatrics. We have received over whelming response from these senior members and commitment to be active again.

Please participate in all GSI activities and take the society to higher and higher levels.

Congratulations

Prof (Hon Brig.) G. S. Sainani Oration
Dr. B. C. Bansal, Dr. C. Prakash Oration
L. C. Manoria Memorial Oration
Reckitts Geriatric Oration
GSI Annual Oration
Mrs Mithilesh Memorial Lecture
Dr. R. S. Tiwari Oration
Bharatji Gulati Memorial Oration
Dr. G. S. Reddy Pondicherry Oration

Dr. S. P. Agarwal
Dr. Rakesh Tandon
Dr. P. S. Shankar
Dr. Usha Sriram
Dr. K. P. Paulose
Dr. Sanjeev Saxena
Dr. H. K. Chopra
Dr. G. S. Reddy
Dr. N. N. Asokan

Our New Fellows:

Dr. H. V. Pophale
Dr. K. Ajayakumar
Dr. Krishnan V Nair
Dr. H. K. Chopra

Dr. K. P. Paulose
Prof. D.M. Vasudevan
Dr. Joseph K Joseph
Dr. M. Chandrasekharan Nair

Dr. N. Kumaralingam
Dr. Thomas Paul
Prof. R. Krishnan

Dr. C. S. Paulose
Dr. Sanjeev Saxena
Dr. Raksha Arora

International Conference on Geriatrics & Gerontology

Hotel Ashok, New Delhi - November 27th - 28th, 2004

for details, visit us at : <http://www.geriaticindia.com>

Details & Registration form - Page 8

Patron

Dr. Vinod Kumar

President

Dr. V. K. Arora

President Elect

Dr. N. N. Asokan

Past President

Dr. J. J. Sood

Vice Presidents

Dr. S. K. Sharma

Dr. G. S. Reddy

Dr. G. S. Sainani

Mr. Jittender Kapoor

General Secretary

Dr. O. P. Sharma

Treasurer

Dr. M. P. Arora

Committee Members

Dr. S. R. Iyer

Dr. B. B. Gupta

Dr. Ajay Agarwal

Dr. Harbir Kaur Rao

Co-opted

Dr. N. S. Neki

Dr. N. K. Kohli

Dr. V. K. Goel

Dr. S. K. Agarwal

Dr. Mohit Sharma

Zonal Co-ordinators

Dr. T. K. Biswas (E)

Dr. I. S. Gambhir (C)

Dr. M. Sabir (N)

Dr. Yogini Meisheri (W)

Dr. M. A. Kabeer (S)

Dr. O. P. Sharma

General Secretary

&

Editor



We have organized our first independent Annual Conference at Kochi in November 2003. After separating from API it is our independent and self sustaining conference without the big umbrella of API. The number of elderly is rising, global attention towards ageing is rising and so is rising the interest of medical men in knowing the intricacies of treatment of elderly. Day by day the desperation of non recovery from sickness in old age is disappearing. New horizons in the treatment of elderly are appearing. More geriatric clinics are being opened and more facilities for elderly are being created.

Kochi in November 2003 was a great encouragement for the members of GSI because they witnessed the joint efforts of Medical and nursing profession in elderly care. The scientific session in both of halls were very informative. Members seemed to be more and more inquisitive about elderly care. The inaugural address by Chief Justice of Kerala was very encouraging.

Friends let us involve more and more of members of medical and nursing profession and take our activities to more and more cities and villages.

Dr. S. P. Agarwal, Director General Health Services, Govt. of India delivered Prof (Hon Brig.) G. S. Sainani Oration on 06th December 2003 at LRS Institute of Tuberculosis and Allied Diseases. This was widely attended.

We had a CME programme on Bronchial Asthma in Elderly at LRS Institute of Tuberculosis and Allied Sciences on 31st January 2004. The speakers were Dr. V. K. Arora and Dr. Sandeep Salooja.

We are planning two big activities this year - one is an International Conference in November 2004 where we will also have participation from Indian industries both Pharma and Consumer. The idea will be to advise them and discuss with them elderly friendly gadgets and other things of day to day living. We are even planning to have a separate session for them in the form of presentation and interactive session. The second activity is the revised edition of our textbook on geriatrics i.e., Geriatric Care in India. This book will be providing the updated material on geriatric care for Indian clinicians involved in Geriatric care and students of Geriatrics. Like the previous edition, care is being taken to include all the aspects of Geriatrics and provide information for the comprehensive care of Indian elderly.

Long live GSI

Secretariat

K-49, Green Park, New Delhi - 110 016, India.

Email : opsharma@geriatricindia.com, drmohit@vsnl.com

visit us at : www.geriatricindia.com

Life Membership

Rs. 1500.00

Prof. (Hon Brig) G. S. Sainani Oration
by
Dr. S. P. Agarwal

Director General Health Services, Govt. of India

06th December 2003

at LRS Institute of Tuberculosis and Allied Diseases



- ◆ Life Expectancy in 50 years has nearly doubled leading to rise in the number of Elderly
- ◆ This has public health and socio-economic implications.
- ◆ There is rise in age related diseases & disabilities.
- ◆ There is also rise in diseases due to social evils like smoking and drinking.
- ◆ There are psychosocial and economic factors in old age due to retirement, lack of ready cash because lot of money is spent in house building, education and marriages of children.
- ◆ Government as well as NGOs are taking keen interest in sensitizing, training and updating Indian clinicians about the intricacies as well as newer developments in the field of Geriatrics.
- ◆ This is being done by CME programme, Conferences at Regional, National and International level.
- ◆ The role of Geriatric Society of India in this field is commendable for their Scientific Activities as well as for bringing out learning material for medical men in this country.
- ◆ Other NGOs like Helpage, Age Well Foundation, SOGAT etc. are also doing well
- ◆ National Policies on Older persons in the year 1999 by Ministry of Social Justice and Empowerment is a very welcome milestone and so are the Old age pensions and Old age homes.
- ◆ There is need to have associations, councils of older persons at all levels.
- ◆ The textbook on Geriatric Medicine "Geriatric Care in India", Post Graduate Certificate Course by IMA AKN Sinha Institute and Diploma in Geriatrics by IGNOU are good sources of learning and updating.
- ◆ Six month certificate course by Ministry of Social Justice and Empowerment for paramedics is also a good help in Geriatric Care.
- ◆ National Health Policy - 2002 has also taken cognigence of need of Geriatric Care.
- ◆ MCI is taking care of Geriatrics in Medical Curriculum. Madras Medical College and BHU are centres of excellence in Geriatric teaching. More such centres are needed.
- ◆ Government and NGO's are committed for Geriatric Care and should work jointly in this field.



A report
Annual Conference
of
Geriatric Society of India
14th - 16th November 2003
Hotel Renaissance, Kochi
Kerala

Dr. N. N. Asokan
 President GSI, 2000
 President Elect GSI, 2003
 Chairman Sci. Committee, 2003
 Founder Fellow, GSI
 Muvattupuzha Medical Centre,
 Muvattupuzha - 686 661
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 283 5481 (R)
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Dear Colleagues,

Greetings from the land and people of Kerala, known for its hospitality. We had the pleasure of forming the first local chapter of Geriatric Society of India. We were also the first to host a Mid-term Conference of GSI in 1989, and we also had once again the distinction of organizing the Mid-term conference in the year 1999.

We have been entrusted with the responsibility of organizing the Annual Conference of GSI for which we extend a hearty welcome to you all in the state of highest literacy-Kerala.

We had scientific sessions on all three days.

There was Guest Lecture on An approach to Urinary incontinence in elderly by **Dr. A. K. Singh** from Varanasi, GSI Annual Oration – Diabetic Complications in Elderly by **Dr. K. P. Paulose**, Kerala, Drug use and kidneys in Elderly by **Dr. H. S. Kohli**, Chandigarh, Gynaec Problems in Elderly Women by **Dr. Raksha Arora**, New Delhi, Ageing Activism & Future Challenges by **Dr. Chandra Prakash**, New Delhi, Dr. G. S. Reddy Pondicherry Oration by **Dr. N. N. Asokan** (Muvattupuzha), Dr. R. S. Tiwari Oration by **Dr. H. K. Chopra**, New Delhi, L. C. Manoria Memorial Oration by **Dr. P. S. Shankar**, Hyderabad, Drug Therapy in Parkinson's Disease, **Dr. Vijay Sood**, UK, Common Fractures in Elderly by **Dr. Maani**, Calicut, Geriatric Rehabilitation by **Dr. K. K. Menon**, Calicut, Panel Discussion - Controversies in Intervention "PCI is a better method of Intervention in the elderly than the CABG" in which **Proponent: Dr. Haridas K. K.**, Kochi and **Opponent: Dr. V. V. Bashi**, Chennai, Bharatji Gulati Memorial Oration (Lungs in the elderly) by **Dr. G. S. Reddy**, Pondicherry, Reckitts Geriatric Oration (Osteoporosis in the elderly) by **Dr. Usha Sriram**, Kerala, Critical Care of very elderly in ICU by **Dr. Narendra Rungta**, Treatable Dementia by **Dr. Mathew Abraham**, Kochi, Pulmonary Tuberculosis in Elderly by **Dr. V. K. Arora**, New Delhi, Dr. B. C. Bansal & Dr. C. Prakash Oration (Gall Bladder and other Biliary Diseases in the Elderly) by **Dr. Rakesh Tandon**, New Delhi, Mrs. Mithilesh Memorial Lecture (Dialysis & Transplant in Elderly) by **Dr. Sanjeev Saxena**, New Delhi, Therapeutic Considerations in the Elderly by **Dr. V. Parmeshwara**, Bangalore, Endocrine disorders in the Elderly (Barring Diabetes Mellitus) by **Dr. V. Muralidharan**.

There was a convocation ceremony on 15th November 2003 in which **Dr. Babu Joseph** Former Vice Chancellor, Cochin University of Science and Technology awarded fellowships of Geriatric Society of India to Dr. H. V. Pophale, Dr. K. P. Paulose, Dr. N. Kumaralingam, Dr. C. S. Paulose, Dr. K. Ajayakumar, Prof. D.M. Vasudevan, Dr. Thomas Paul, Dr. Sanjeev Saxena, Dr. Krishnan V Nair, Dr. Joseph K Joseph, Prof. R. Krishnan, Dr. Raksha Arora, Dr. H. K. Chopra & Dr. M. Chandrasekharan Nair .

On the same day there was gala Banquet dinner in which members enjoyed fellowship in the background of light music played by one of the best music groups of Kerala. Members also enjoyed a song by Dr. G. S. Sainani.



Inauguration of conference by Lamp Lighting by Chief Guest Mr. Justice Cyriac Joseph



Dr. Raksha Arora,
Prof. of Gyne and Obs.,
MAMC and LNJP Hospital received
fellowship of GSI.



Dr. Sanjeev Saxena
receiving fellowship from President Dr. V. K. Arora



Dr. H. K. Chopra
Senior Cardiologist,
Apollo & MCKR Hospital
received fellowship of GSI.

Our thanks
Mr. Justice Cyriac Joseph
Kerala High Court
and
Dr. Babu Joseph
Cochin University of Science and Technology

*President Dr. V. K. Arora felicitating
General Secretary Dr. O. P. Sharma*



On 16th November 2003 at 12 Noon the conference came to an end with a emotional valedictory session. Members had all the praise for Dr. N. N. Asokan and his team. The President thanked profoundly Dr. N. N. Asokan, his members of the organizing committee and felicitated Dr. N. N. Asokan and Dr. O. P. Sharma by offering them a shawl.

Under Postal Certificate
Notice for election of office bearers for year 2004-2005

Dear Member,

Nominations are invited on the prescribed format given below for following vacancies, which are to be filled with effect from 1st April 2004.

- 1 President Elect : One
- 2 Vice Presidents :Four - One from Headquarters (Delhi), One from specialists Category, One from Family Physicians, One from Non-medical
- 3 Joint Secretary : One
- 4 Committee Members : Ten - Three from specialists, One from Family Physicians, One from non- medical, Five co-opted members.

Terms of office for each of the post is one year except for Gen. Sec. and Treasurer, which is for three years. The terms of General Secretary and Treasurer continue upto year 2005-2006 so these posts have not been notified. Separate nominations should be made for each post. The Nomination should be proposed and seconded by a valid member and duly signed by the candidate so proposed signifying his/her consent for the candidature. There should be no dues of the Candidate, Proposer, Secunder as certified by General Secretary, GSI at the time of opening of the nominations. The nomination form duly completed in all respects should reach the undersigned by registered post latest by **03rd March 2004**. For the sake of convenience the important dates are given below:-

- 1 The last date for receiving valid nominations **03rd March 2004**.
- 2 In case there are more than one nominations for one post then within 6 days (by 9th March 2004) of the filing, position will be informed by Telegram/Email, total number of contestants and in case any one wishes to withdraw (one may keep last date of withdrawal in mind).
- 2 The last date for withdrawal is **09th March 2004**.
- 3 In case of election the ballot papers will be posted by the office by **15th March 2004**.
- 4 The last date of receipt of ballot papers by the office will be **31st March 2004**.

If any member does not receive the ballot papers by **25th March 2004** he / she may inform the Secretary immediately so that ballot papers is sent by Speed Post immediately in case of election.

The nomination papers may be sent to the Society office in sealed cover and should be marked as "Nomination Papers - GSI Annual Election for the year 2004-05.

Dated. : 20-02-2004

Yours sincerely

Address: K-49, Green Park Main
New Delhi - 11 0 01 6

Dr. O. P. Sharma
General Secretary

Note:-

- 1 A member will have to serve for 2 years as Vice-President before contesting for President elect.
- 2 A member is eligible for nomination for any one of the Executive posts only besides being eligible as Committee members.
- 3 A member is eligible for nomination to any executive office after completing 2 years as member of GSI.
- 4 A life member has voting right from the day he/she becomes a member. An ordinary member will have to be a member for a period of one year to become eligible for voting.
- 5 Secretary and Treasurer are elected from Headquarters only (from specialists category). Their terms will be for 3 years.

NOMINATION FORM

NAME OF THE CANDIDATE	_____
ADDRESS OF THE CANDIDATE	_____
OFFICE FOR WHICH CANDIDATE IS NOMINATED	_____
NAME OF PROPOSER	_____
SIGNATURE & MEMBERSHIP NO.	_____
NAME OF SECONDER	_____
SIGNATURE & MEMBERSHIP NO.	_____

I agree to serve the Society, In my capacity for which I am elected with full integrity and honesty.

SIGNATURE & MEMBERSHIP NO.	_____
OF CANDIDATE	_____



GERIATRIC SOCIETY OF INDIA®

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MEMBERSHIP FORM

I wish to join Geriatric Society of India as Life / Ordinary member and promise to abide by its rules and regulations

Full Name (block letters) Age.....M/F

Qualification (with year & university)

Residential Address

..... Tel. :.....

Email

Office Address with designation

..... Tel. :.....

Category of Membership : Specialist / Family Physician / Non Medical

Membership fee : Life Member Rs. 1500/-

Amount remitted by Cash/Demand Draft/MO No.

Date.....

Signature of Applicant

Proposed by

Seconded by

Name

Name

Address

Address

Membership No

Membership No.

UPC NOTICE

Dated : 20-02-2004

The Annual General Body meeting of Geriatric Society of India will be held on Saturday 03rd April 2004 at 07:30 PM onwards at LRS Institute of TB and Allied Diseases, Aurobindo Marg, New Delhi - 110 030.

The following will be the agenda for the meeting:

1. Confirmation of Minutes of Last Annual General Body Meeting held at the venue of GSICON-2003 at Kochi.
2. Matters arising.
3. Presentation of Annual Report.
4. Future Scientific Programme of Geriatric Society of India.
5. Audited Accounts
6. Constitutional amendments.
7. To review and finalize dates and venues of Annual Conference, Midterm Conference, AGM and Annual Convocation.
8. Any other matter with the permission of the chair.

All members are requested to kindly attend the meeting.

Dr. O. P. Sharma
General Secretary

8 International Conference on Geriatrics & Gerontology - 2004

November 27th - 28th, 2004

Hotel Ashok, New Delhi



Org. Chairperson
Dr. V. K. Arora



Org. President
Dr. N. N. Asokan



Org. Secretary
Dr. O. P. Sharma

Registration :

	Upto 30th Jun. 2004	Upto 15th Oct. 2004	Spot Regn.
* Delegates	Rs. 1000/-	Rs. 1200/-	Rs. 1500/-
* Spouses	Rs. 1000/-	Rs. 1200/-	Rs. 1500/-
* P.G.Trainees/Nurses	Rs. 800/-	Rs. 1000/-	Rs. 1200/-

(Registration includes all Lunches, Dinner, Banquet and Conference Kit)

Topics

- Ageing
- Respiratory Diseases
- Gastrointestinal Diseases
- Neurological Problems
- Nutrition
- Infections
- Laboratory Medicine
- Rheumatology
- Cardiovascular Diseases
- Renal Diseases
- Orthopaedic Problems
- Geriatric Pharmacy
- Nursing Care
- Life Style & Yoga
- Imaging
- Family Medicine & Elderly

REGISTRATION FORM

Delegate's Particulars :

Dr./Mr./Ms.

Designation

Mailing Address

..... Pin.....

Email.....Tele:.....Fax

Details of Payment :

1. Delegate fee

2. Accompanying Person

3. Post Graduate Trainee/Nurses

DD No.....Bank.....Dated:.....

Rs

(Demand draft in the name of **International Conference on Geriatrics & Gerontology - 2004**, Payable at New Delhi)

Date.....

Signature.....

Please mail the filled in form and demand draft to Conference Secretariat :

Dr. O. P. Sharma, Organizing Secretary, K-49 Green Park, New Delhi 110016 Telefax: 26865916

E-mail : opsharma@geriatricindia.com or drmohit@vsnl.com

website: www.geriatricindia.com