



# GERIATRIC SOCIETY OF INDIA®

## GSI NEWS

September Vol. VII No. 3

**Dr. V. K. Arora**  
*President*

**Dr. O. P. Sharma**  
*General Secretary*

**Dr. O. P. Sharma**  
General Secretary  
&  
Editor



Dear Colleagues

Geriatric Society of India from its inception in early 1980s has been doing its Annual Conferences with Association of Physicians of India (API). We had the patronage of API. Delegates attending API Conference also used to walk in GSI hall whether they had real interest in Geriatrics or not. We have grown up and now separated from API. It is for the first time that we are having our Annual Conference independently.

The population of 60 plus has crossed 80 million mark and the interest of planners, politicians and Geriatric Caregivers has also picked up momentum. Geriatric OPD, Wards and teaching institutions are picking up their jobs. Various courses on Geriatrics have started (at Chennai, IMA, IGNOU) and medicos are seeking them rather than these being imposed upon them.

The data collection on Indian elderly is on. Indian data are being quoted. The West has started taking interest in Indian elderly and the NRIs are sincerely playing their role in sharing their experience with their Indian contemporaries. These facts became known to us when we organized three International Conferences in last four years.

We have extended our hand of friendship to Gerontologists and Nurses engaged in Geriatric Care. Our Annual Conference at Kochi will be yet another demonstration of the same.

Please come forward, activate your colleagues and spread the information related to Geriatric Care among them so that like other specialties they don't look towards West for every little information / knowledge.

Long live GSI

### GSICON-2003

## Annual Conference of Geriatric Society of India

(Joint Conference of Geriatricians, Gerontologists and Elderly Care Nurses)

Hotel Renaissance, Kochi - November 14<sup>th</sup> - 16<sup>th</sup>, 2003

*Registration form for Doctors / PG Students and Nurses / Nursing Students on Page - 8*

*Details Page 6-8*

*Details Page 6-8*

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*President*

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**Dr. I. S. Gambhir (C)**

**Dr. M. Sabir (N)**

**Dr. Yogini Meisheri (W)**

**Dr. M. A. Kabeer (S)**

## Dr. S. Ramanathan Iyer from Mumbai writes:

Geriatric Society of India, Dombivli Branch organized a CME Programme on 29-08-2002 at Dombivli Gymkhana, Dombivli (East), Following were the speakers



### Speakers

Dr. J. Lalkaka  
Consultant Neurologist,  
Bombay Hospital, Mumbai

Dr. G. Girishchandra Verma  
Cardiac Surgeon, Hinduja Hospital, Mumbai

### Topic

Management of Acute Ischemic Stroke  
Chairman – Dr. M. E. Yeolekar  
Prof. of Medicine & Dean LTMG, Sion, Mumbai

Surgery for Cardiomyopathy  
Chairman – Dr. S. Ramanathan Iyer, Fellow GSI

### Clinical Case Conference

- Dr. Abhay Dalvi, Associate Prof., Dept. of Surgery & Surgical Gastroenterology, Seth G. S. Medical College, K.E.M. Hospital, Mumbai
- Dr. Abhay Upasani, Surgical Gastroenterologist, Dombivli
- Dr. Yogini Meisheri, Prof. of Medicine, Medicine Unit Head and I/C Geriatric Services, KEM Hospital, Mumbai.

The programme was well attended and much appreciated.

**Dr. V. S. Upasani**  
*President*

**Dr. S. Ramanathan Iyer**  
*Hony. Secretary*

**Dr. Sandhya Kulkarni**  
*Convenor*

**Dr. Sunit Upasani**  
*Treasurer*

## Geriatric Society of India Dombivli Branch

Dear Colleagues,

I report about the CME Programme held on 04-05-2003 (Sunday) at Jaykumar Pathare AC Conference Hall Dombivli Gymkhana, Dombivli (E) Following were the highlights:

Chief Guest : Dr. U. P. Rao, Senior Surgeon, Dombivli  
Guest of Honour : Dr. M. E. Yeolekar, Dean LTMG Medical College, Sion, Mumbai

### Programme

07:00-07:30 pm : **Inauguration**  
07:30-08:15pm : **Obstructive Sleep Apnea**  
Dr. Zarir Udawadia  
*Chairman Dr. M. E. Yeolekar, Dr. Chaitnya Gokhale*

08:20-08:55pm : **Type - 2 Diabetes Express Highway, Where is the 'U' Turn?**  
Dr. S. Ramnathan Iyer  
*Chairman : Dr. Shashank Joshi, Dr. Mahesh Kulkarni*

09:00-09:45pm : **Symposium on Diabetes in the Elderly**  
Speaker 1. Dr. M. E. Yeolekar, 2. Dr. Shashank Joshi

The CME programme was attended by large number of delegates.



**Dr. Raghunandan Lal receiving Bharat Jyoti Award,  
Certificate of Excellence and Glory of India Gold  
Medal for his Medico-Social Work.**

### Secretariat

K-49, Green Park, New Delhi - 110 016, India.

Email : [opsharma@geriatricindia.com](mailto:opsharma@geriatricindia.com), [drmohit@vsnl.com](mailto:drmohit@vsnl.com)

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**Life Membership**

**Rs. 1500.00**



**Dr. V. K. Arora**  
*President*  
**GSI**

Dear Colleagues,

I am happy that we have now independent identity and doing our Annual activity of organizing a conference at National level for the first time. This identity of ours – by coming out from the shadow of API, will help our non-physician members to have larger participation. Geriatrics being multi-specialty discipline has its members from all the clinical disciplines.

We have now many things to offer to our colleagues involved in Geriatric care. We have learning material for them, we have learning material for paramedics, we have many subjects for our researchers and we have also been from time to time sending suggestions to Government, Planners, Beurocrats, Social workers and philanthropists to make life of our senior citizens better and happier.

Our main task is to sensitize our medical men power and paramedics for the medical and health needs of elderly. The goal is still far off. Our resources are limited but our determination is strong. If we all join hands – I am sure we will come up to the expectations of our senior citizens.



**GERIATRIC SOCIETY OF INDIA®**

K-49, Green Park, New Delhi - 110 016

Email : opsharma@geriatricindia.com, Visit us at : <http://www.geriatricindia.com>

**MEMBERSHIP FORM**

I wish to join Geriatric Society of India as Life / Ordinary member and promise to abide by its rules and regulations

Full Name (block letters) ..... Age.....M/F

Qualification (with year & university) .....

Residential Address .....

..... Tel. : .....

Email .....

Office Address with designation .....

..... Tel. : .....

Category of Membership : Specialist / Family Physician / Non Medical

Membership fee : Life Member Rs. 1500/-

Amount remitted by Cash/Demand Draft/MO No. ....

Date.....

Signature of Applicant

Proposed by

Seconded by

Name .....

Name .....

Address .....

Address .....

Membership No .....

Membership No. ....



**Annual Conference  
of  
Geriatric Society of India  
14th - 16th November 2003  
Hotel Renaissance, Kochi  
Kerala**

**Dr. N. N. Asokan**  
President GSI, 2000  
President Elect GSI, 2003  
Chairman Sci. Committee, 2003  
Founder Fellow, GSI  
Muvattupuzha Medical Centre,  
Muvattupuzha - 686 661  
Phone : 0485 - 281 2215 (H)  
283 5481 (R)  
Mobile : 0-9847031241

Dear Colleagues,

Greetings from the land and people of Kerala, known for its hospitality. We had the pleasure of forming the first local chapter of Geriatric Society of India. We were also the first to host a Mid-term Conference of GSI in 1989, and we also had once again the distinction of organizing the Mid-term conference in the year 1999.

We have been entrusted with the responsibility of organizing the Annual Conference of GSI for which we extend a hearty welcome to you all in the state of highest literacy-Kerala. The scientific session will be inaugurated at 02.00 p.m. and inauguration of the Annual Conference will be at 5.00 p.m. on 14<sup>th</sup> November 2003.

I would welcome your suggestions regarding the topics to be included in the Scientific Programme and any other suggestions that could make this conference enjoyable and memorable.

Block the above dates in your busy schedule for this conference and participate actively.

**An Invitation to Nurses  
(Our partners in Geriatric Care)**

Dear Madam/Sir,

I have great pleasure to inform you that the Geriatric Society of India is holding its All India Annual Conference at Kochi on 14<sup>th</sup>, 15<sup>th</sup> and 16<sup>th</sup> of November 2003. The venue is the Conference Hall of Renaissance Hotel, Palarivattom, Kochi.

Your esteemed presence is solicited during this function and also for the Scientific deliberation on the two days. The Nurses Educational Programme on Geriatric Nursing is scheduled to be inaugurated at 10am on 15th November 2003. Nurses are welcome to attend all Scientific Programmes.

A parallel session of Geriatric Nursing for the Nursing Students and Nurses (Both Diploma & Degree) is being arranged. The Faculty includes the very best of the Medical Fraternity and of the Nurse's Teaching Faculty in and around Ernakulam.

We the Patron, Advisors and Organizing Committee members do consider it an honour and prestige to invite your Nursing students & Faculty members, to attend the same.

The delegate fee has been kept very reasonable.

Kindly advise your colleagues and students to register early.

Thanking you,

Yours Sincerely,

**Dr. N.N. Asokan**

	<b>Registration Fee:</b>		
	<i>Before 31st August</i>	<i>After 31st August</i>	<i>Spot Registration</i>
<b>Delegate</b>	<b>1000</b>	<b>1250</b>	<b>1500</b>
<b>PG Students</b>	<b>500</b>	<b>750</b>	<b>800</b>
<b>Nurses</b>	<b>***</b>	<b>500</b>	<b>500</b>
<b>Nursing Students</b>	<b>***</b>	<b>250</b>	<b>250</b>

# SCIENTIFIC PROGRAMME OF GSICON-2003

5

## GERIATRIC SOCIETY OF INDIA®

November 14<sup>th</sup> – 16<sup>th</sup>, 2003,

HOTEL Renaissance, Kochi

( Friday, 14<sup>th</sup> November 2003 )

- 01:00 pm : Registration
- 02:00 pm : **Inauguration of Scientific Programme**  
Dr. V. K. Arora, President GSI
- 02:15 pm : Guest Lecture "An approach to Urinary incontinence in elderly"  
*Chairpersons : Dr. K.S. Sunil (Kochi), Dr. Raksha Arora (New Delhi)*  
**Speaker: Dr. A. K. Singh, Varanasi**
- 02:35 pm : GSI Annual Oration – Diabetic Complications in Elderly  
*Chairpersons : Dr. G. S. Reddy (Pondicherry), Dr. B. K. Mondal (Rotherham)*  
**Oration by: Dr. K. P. Paulose, Kerala**
- 03:05 pm : Drug use and kidneys in Elderly  
*Chairpersons : Dr. K. P. Paulose (Thiruvananthapuram), Dr. V. Parameswara (Banglore)*  
**Speaker: Dr. H. S. Kohli, Chandigarh**
- 03:30 pm : Gynaec Problems in Elderly Women  
*Chairpersons : Dr. S. K. Munshi (Leicester), Dr. R. Kalyani Devi (Kochi)*  
**Speaker: Dr. Raksha Arora, New Delhi**
- 5.00 p.m. : **Inauguration of the Conference**
- 6.00 p.m. : Prof. (Hon Brig) G. S. Sainani Oration  
*Chairpersons : Dr. V. K. Arora (New Delhi), Dr. O. P. Sharma (New Delhi)*  
**Oration by : Dr. S. P. Agarwal, New Delhi**
- 07:30 onwards :** \*\*\*\*Dinner\*\*\*\*

( Saturday, 15<sup>th</sup> November 2003 )

- 09:00 am : Stroke Data  
*Chairpersons : Dr. C. Prakash (New Delhi), Dr. Vijay Sood (Hyderabad)*  
**Speaker: Dr. Sunil Kumar Munshi, Leicester**
- 09:30 am : Differential Diagnosis of Transient Ischaemic Attacks  
*Chairpersons : Dr. G. S. Reddy (Pondicherry), Dr. Bhayganathan (Calicut)*  
**Speaker: Dr. P. B. Khanna, UK**
- 10:00 am : Ageing Activism & Future Challenges  
*Chairpersons : Dr. K.P. Paulose (Thiruvananthapuram), Dr. Mathew Abraham (Kochi)*  
**Speaker: Dr. Chandra Prakash, New Delhi**
- 10:30 am : Dr. G. S. Reddy Pondicherry Oration  
*Chairpersons : Dr. V. K. Arora (New Delhi), Dr. O. P. Sharma (New Delhi)*  
**Oration by : Dr. N. N. Asokan (Muvatupuzha)**
- 11:00 am : \*\*\*\*Tea\*\*\*\*
- 11:15 am : Dr. R. S. Tiwari Oration  
*Chairpersons : Dr. A. K. Singh (Varanasi), Dr. H. S. Kohli (Chandigarh)*  
**Speaker Dr. H. K. Chopra, New Delhi**
- 11:50 am : L. C. Manoria Memorial Oration  
*Chairpersons : Dr. J. J. Sood (New Delhi), Dr. P. B. Khanna (UK)*  
**Oration by: Dr. P. S. Shankar, Hyderabad**
- 12:25 pm : Management of Diabetes  
*Chairpersons : Dr. G. S. Reddy (Pondicherry), Dr. K. Hari (Kochi)*  
**Speaker: Dr. B. K. Mondal, Rotherham**
- 12:45 pm : Drug Therapy in Parkinson's Disease  
*Chairpersons : Dr. K. P. Paulose (Thiruvananthapuram), Dr. Mathew Abraham (Kochi)*  
**Speaker: Dr. Vijay Sood, UK**
- 01:15 pm :** \*\*\*\*Lunch\*\*\*\*

- 02:00 pm : Pulmonary Rehabilitation for Elderly patients  
Chairpersons : Dr. V. K. Arora (New Delhi), Dr. (Lt. Col). V.P. Gopinath (Kochi)  
**Speaker: Dr. Vijay Kumar, Hyderabad**
- 02:20 pm : Common Fractures in Elderly  
Chairpersons : Dr. Lazar Chandy (Kochi), Dr. Joseph Stephen (Thodupuzha)  
**Speaker: Dr. Maani, Calicut**
- 02:40 pm : Geriatric Rehabilitation  
Chairpersons : Dr. N. K. Kohli (New Delhi), Dr. M.A. Kabeer (Chennai)  
**Speaker: Dr. K. K. Menon, Calicut**
- 03:00 pm : **\*\*\*\*\* Convocation \*\*\*\*\***
- 03:45 pm : Panel Discussion - Controversies in Intervention "PCI is a better method of Intervention in the elderly than the CABG"  
**Proponent: Dr. Haridas K. K., Kochi**  
**Opponent: Dr. V. V. Bashi, Chennai**  
Chair Persons : Dr. Saji Kuruttukulam (Kochi), Dr. Jose Periapuram (Pala)
- 04:20 pm : Bharatji Gulati Memorial Oration (Lungs in the elderly)  
Chairpersons : Dr. O. P. Sharma (New Delhi), Dr. Sahajanadhan (Kochi)  
**Oration by: Dr. G. S. Reddy, Pondicherry**
- 04:50 pm : Reckitts Geriatric Oration (Osteoporosis in the elderly)  
Chairpersons : Prof. K.V. Krishna Das (Thiruvananthapuram), Prof. P. Viswanathan (Kottayam)  
**Oration by: Dr. Usha Sriram, Kerala**
- 05:20 pm : Critical Care of very elderly in ICU  
Chairpersons : Dr. P. Vinodan (Kochi), Dr. N.N. Asokan (Muvattupuzha)  
**Speaker: Dr. Narendra Rungta**
- 07:30 pm : **\*\*\*\* Dinner \*\*\*\***
- ( Sunday, 16<sup>th</sup> November 2003 )**
- 09:00 am : Treatable Dementia  
Chairpersons : Dr. Vijay Sood (UK), Dr. Shaji (Perumbavoor)  
**Speaker: Dr. Mathew Abraham, Kochi**
- 09:30 am : Pulmonary Tuberculosis in Elderly  
Chairpersons : Dr. Vijay Kumar (Hyderabad), Dr. J. J. Sood (New Delhi)  
**Speaker: Dr. V. K. Arora, New Delhi**
- 10:00 am : Dr. B. C. Bansal & Dr. C. Prakash Oration (Gall Bladder and other Biliary Diseases in the Elderly)  
Chairpersons : Dr. G. S. Sainani (Mumbai), Dr. C. Prakash (New Delhi)  
**Oration by: Dr. Rakesh Tandon, New Delhi**
- 10:30 am : Mrs. Mithilesh Memorial Lecture (Dialysis & Transplant in Elderly)  
Chairpersons : Dr. O. P. Sharma (New Delhi), Dr. Rafeeqe Mohammed (Kochi)  
**Oration by: Dr. Sanjeev Saxena, New Delhi**
- 11:00 am : **\*\*\*\* Tea \*\*\*\***
- 11:15 am : Free paper session  
Chair persons : Dr. U. Rajendran, Dr. Sujit Vasudevan, Dr. Rafeeqe Mohammed (Kochi)  
**Speakers : O P Murty, New Delhi, Ms. Filna Chathu, Kochi**
- 11:45 am : Therapeutic Considerations in the Elderly  
Chairpersons : Dr. J. J. Sood (New Delhi), Dr. Paul Puthuran (Kochi)  
**Speaker: Dr. V. Parmeshwara, Bangalore**
- 12:15 pm : Endocrine disorders in the Elderly (Barring Diabetes Mellitus)  
**Moderator : Dr. V. Muralidharan,**  
**Panelists : Dr. V. Jayakumar, Dr. Harish Kumar, Dr. Unnikrishnan,**
- 01:00 pm : **Valedictory Session**
- 01:30 pm : **\*\*\*\* Lunch \*\*\*\***

# ANNUAL CONFERENCE OF GERIATRIC SOCIETY OF INDIA

## NURSES EDUCATIONAL PROGRAMME IN GERIATRIC NURSING

DATE : NOVEMBER 15<sup>th</sup> & 16<sup>th</sup>, 2003

### VENUE : HOTEL RENAISSANCE, KOCHI

#### PROGRAMME

##### 15<sup>th</sup> November 2003 (Saturday)

- 09.00 a.m. – 10.00 a.m. : Registration
- 10.00 a.m. - 10.30 a.m.** : **Inauguration**
- 10.30 a.m. – 01.00 a.m. : Symposium on aging process and problems associated with old age.  
**Presented by Faculty, Medical Trust College of Nursing, Kochi.**
- Topics Participants**
1. Physiological Changes in Old age  
Prof. Indira K.M. - Vice Principal
  2. Psychological Problems of Elderly  
Ms. Sibin J. Vayalil, Lecturer
  3. Management of Elderly Patients with Neurological Problems  
Ms. Siji Kuriakose, Lecturer
  4. Musculoskeletal Disorders of Old Age  
Ms. Lakshmi G, Lecturer
- 01.00 p.m. – 02.00 p.m.** : **Lunch**
- 02.00 p.m. – 03.00 p.m. : Cardiovascular Diseases in Geriatrics  
Dr. T.M. Joseph,  
Sr. Consultant & HOD, Dean-Division of Surgery, Medical Trust Hospital, Kochi.
- 03.00 p.m. – 04.00 p.m. : Rehabilitation of Elderly Clients  
Ms. Tessy T.A.,  
Associate Professor, Holy Family College of Nursing, Muthalakudam, Thodupuzha.

##### 16<sup>th</sup> November 2003 (Sunday)

- 10.00 a.m. – 11.00 a.m. : Common Behavioural Problems in Elderly Clients  
Dr. C.J. John,  
Consultant Psychiatrist, Medical Trust Hospital, Kochi.
- 11.00 a.m. – 12.00 noon : Preoperative Management of Older Patients  
Ms. K. Sathiamma,  
Principal, Medical Trust College of Nursing, Kochi
- 12.00 noon – 01.00 p.m. : Gerontological Consideration in Chronic Diseases  
Ms. Praveena K.R.,  
Lecturer, Medical Trust College of Nursing, Kochi
- 01.00 p.m. – 02.00 p.m.** : **Lunch**
- 02.00 p.m. – 03.00 p.m. : Sexual Dysfunctions in Elderly  
Ms. Vasanthakumari P.,  
Principal, School of Nursing, Medical Trust Hospital, Kochi.
- 03.00 p.m.** : **Concluding Session**

**GSICON-2003**  
**Registration Form for Doctors & PG Students,**

Surname ..... Name(Prof./Dr./Mr./Ms) .....

Hospital Name .....

Title/Position ..... Department .....

Correspondence Address .....

.....

City ..... Pin/Zip Code ..... Country .....

Tel.No. (Country Code ..... State Code .....) Residence .....

Hospital ..... Fax ..... Mobile..... E-mail .....

**Details of Payment.**

Rs. .... Towards .....

Demand Draft No. .... Dated ..... Drawn on Bank .....

**Date:**

**Signature**

- Payment to be made by Demand Draft only in favour of GSICON Kochi payable at Muvattupuzha.
- Please mail this form and Bank Draft to :

**Dr. N.N.ASOKAN, Organizing Secretary GSICON,**  
**Kochi, Muvattupuzha Medical Centre, Muvattupuzha – 686673**  
**Ph : 0485 –2812215 (H) , 2835481 (R) 98470 31241(M) E-mail : drnnasokan@hotmail.com**

**GSICON-2003**  
**Registration Form - Nurses and Nursing Students**

Surname ..... Name (Prof./Lect./Ms.) .....

Hospital Name .....

Title/Position ..... Department .....

Correspondence Address .....

.....

City ..... Pin/Zip Code ..... Country .....

Tel.No. (Country Code ..... State Code .....) Residence .....

Hospital ..... Fax ..... Mobile..... E-mail .....

**Details of Payment.**

Rs. .... Towards .....

Demand Draft No. .... Dated ..... Drawn on Bank .....

**Date:**

**Signature**

- Usual Delegate bag & Compliments will not be given.
- Allowed entry in to the conference hall & exhibition stalls. Participate in the inauguration function, scientific sessions in both the halls, and inaugural day dinner on first day, lunch and banquet dinner on 15th Saturday, lunch on 16th and morning & evening Tea & Coffee.
- Payment to be made by Demand Draft only in favour of GSICON Kochi payable at Muvattupuzha.
- May pay up the amount at the Registration counter, but please see that the Registration Form is sent in advance.
- Please mail this form and Bank Draft to :

**Dr. N.N.ASOKAN, Organizing Secretary GSICON,**  
**Kochi, Muvattupuzha Medical Centre, Muvattupuzha – 686673**  
**Ph : 0485 –2812215 (H) , 2835481 (R) 98470 31241(M) E-mail : drnnasokan@hotmail.com**